



2023 SUMMER - 24 HOUR ULTRA ALL INCLUSIVE CONCEPT

SEVEN SEAS HOTEL LIFE		Category	Field	Concept	Opening Date / Renovation
		5 Star	35.000 m2	Ultra All Inclusive	1992 / 2019-2020
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Reservation E-mail:	res.life@sevenseashotels.com		Kemer 7 Km	Antalya 35 Km.	Credit Cards
Sales Office E-mail:	sales@sevenseashotels.com info.life@sevenseashotels.com	Transfer:	Bus (Every Quarter Hour to Antalya&Kemer) -Taxi		Visa / Master Card / AMEX
Web:	www.sevenseashotels.com	Certificates		Blue Flag,Travelife gold	

ROOM INFORMATION

Total Room Count: 294 Rooms/Total Bed Count: 588 Beds

Room Type	MAIN BUILDING STANDARD ROOM	MAIN BUILDING STANDARD ROOM SEA VIEW	MAIN BUILDING FAMILY ROOM	MAIN BUILDING SUPERIOR ROOM	BUNGALOW STANDARD ROOM	BUNGALOW FAMILY ROOM	RESIDENCE STANDARD ROOM	RESIDENCE FAMILY ROOM with 2 bathrooms	HANDICAPPED ROOM	BUNGALOW FAMILY SUITE
Room Count	151	15	10	28	34	8	38	6	2	2
Room Area (balcony excluded)	25 m2	25 m2	31 m2	50 m2	25 m2	50 m2	37 m2	50-75 m2	25 m2	105 m2
Stay Count	2+1 / 3	2+1 / 3	2+2 / 3+1/4	2+2 / 3+1 / 4	2+1 / 3	2+2 / 3+1 / 4	2+1/3	4+1 / 5	2+1 / 3	5+1-6
Sea View	-	✓	-	-	-	-	-	-	-	-
Garden View	✓	-	✓	✓	✓	✓	✓	✓	✓	✓
Bedroom	1	1	2	1	1	2	1	2	1	2
Connecting Door	-	-	✓	-	-	✓	-	✓	-	✓
Shower/WC	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Balcony	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Terrace or balcony	-	-	✓	-	-	-	-	-	-	✓
Parquet Floor	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Direct Phone Line	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
LCD TV	✓	✓	✓	✓	✓	2 Units	-	-	✓	2 Units
Smart TV	-	-	-	-	-	-	✓	2 Units	-	-
Satellite	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Music Broadcast	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Wireless Internet Access	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hair Dryer	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mini Bar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Safe (Digital)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Central Air Condition	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fire Alarm	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tea-Coffee Setup	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Bathrobe (on request)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Slippers	✓	✓	✓	✓	✓	✓	✓	-	✓	✓
French Bed	-	-	✓	✓	-	-	✓	-	-	-
Twin or French Bed	✓	✓	-	-	✓	-	-	-	✓	-
Twin+French Bed	-	-	✓	-	-	✓	-	✓	-	✓
Additional Bed on Request	✓	✓	✓	✓	✓	✓	-	-	✓	✓
Sofa	-	-	-	✓	-	-	✓	✓	-	✓
Pillow menu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



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* Ultra All 24 hours Inclusive Concept available Food and beverage at Lobby Bar(Local & Several Imported Alcoholic Beverages, Soft Drinks, Alcoholic & Non-Alcoholic Cocktails, Hot Drinks incl. Turkish Coffee)

RESTAURANTS

BREAKFAST	HOURS	LOCATION	CONCEPT DETAIL
Main Restaurant	07:00-11:00	Main Building	Open Buffet Breakfast, Diet Buffet, Gluten Free and Special food service for guests with food allergy (on request)
Hero's Kids Buffet	08:00-10:00	Main Building	Kids' Buffet, Family Seating, Baby corner
LUNCH	HOURS	LOCATION	CONCEPT DETAIL
Main Restaurant	12:30-14:30	Main Building	Open Buffet Dinner, Alcoholic and Non-Alcoholic Drinks Included into the Concept, Diet Buffet, Gluten Free and Special food service for guests with food allergy (on request)
Heros Kids Buffet	12:00-14:00	Main Building	Kids Buffet, Family Sitting Area, Baby Corner, Juice, Water
Kids World	12:00-14:00	Kids World	Kid's Buffet - juices and water
DINNER	HOURS	LOCATION	CONCEPT DETAIL
Main Restaurant	19:00-21:30	Main Building	Open Buffet Dinner, Alcoholic and Non-Alcoholic Drinks Included into the Concept, Diet Buffet, Gluten Free and Special food service for guests with food allergy (on request)
Heros Kids Buffet	18:30-21:00	Main Building	Kids' Buffet, Family Seating, Baby corner
SNACK SERVICE	HOURS	LOCATION	CONCEPT DETAIL
Lobby Bar	11:00-18:00	Main Building	Patisserie, Sandvich, Fruits, Juices and Tea-Coffee
Snack Restaurant	12:00-16:00	Beach Area	Full Snack a la carte service, Alcoholic and Non-Alcoholic Drinks Included into the Concept
Gözleme	11:00-16:00	Beach Area	Gözleme varieties
Kids World	14:00-18:00	Kids World	Biscuits & cookies
ICE CREAM SERVICE	HOURS	LOCATION	CONCEPT DETAIL
Pool bar	11:00 - 21:30	Pool	Ice Cream Service
Kids World	11:00 - 21:30	Kids World	Ice Cream Service
Main Restaurant	12:30 - 14:30 19:00 - 21:30	Main Building	4 types of ice cream
NIGHT SNACK SERVICE	HOURS	LOCATION	CONCEPT DETAIL
Main Restaurant	23:00-07:00	Main Building	Night Ala Carte Menu

A'LA CARTE RESTAURANT (opened based on weekly schedule)

A'LA CARTE	HOURS	LOCATION	CONCEPT DETAIL
La Gustosa Restaurant	18:30-21:00	Main Building	Italian Cuisine - Alcoholic and Non-Alcoholic Drinks included in the Concept - free of charge. 6 days in a week
Breezes Restaurant	18:30-21:00	Beach	Fish & Seasfood - Alcoholic and Non-Alcoholic Drinks included in the Concept - (extra payment). 6 days in a week (On request)
Kebab House	18:30-21:00	Beach	Turkish Cuisine - Alcoholic and Non-Alcoholic Drinks included in the Concept - free of charge. 6 days in a week

Italian and Kebab House A'la Carte Restaurants *free of charge. *In total 2 visits per stay. Further visits are chargeable. Reservation is required // Fish restaurant is extra charged. Reservation is required.

Kids menu is available in our a la carte restaurants. A'la Carte Restaurant hours and days are based on weekly schedule and can be changed anytime by management.

Kebab House (01.05-15.10), Fish restaurant (01.05-15.10) La Gustosa restaurant (20.04 -31.10)

BARS

BARS	HOURS	LOCATION	CONCEPT DETAIL
Lobby Bar	24 Hours	Main Building	Alcoholic and Non-Alcoholic Drinks Included into the Concept, Kids' cocktail Menu
Taurus Bar	10:00-00:00	Beach	Alcoholic and Non-Alcoholic Drinks Included into the Concept, Kids' cocktail Menu
Pool Bar	08:00-00:00	Pool Area	Alcoholic and Non-Alcoholic Drinks Included into the Concept, Kids' cocktail Menu
Pool bar coffee corner	08:00-00:00	Pool Area	coffee presentation, coffee and fresh tea prepared by the master
Disco	23:00-02:00	Main Building	Alcoholic and Non-Alcoholic Drinks Included into the Concept

MINI BAR CONCEPT

* 2 beers, 2 units Cola, 2 zero Cola ,2 units Fanta, 2 units Ice Tea, 2 units Juice, 2 units of 0.5 lt. Water, 2 units sparkling water, 2 unit Milk

* Mini Bar filled on arrival days and replenished every day free of charge - Coffee set up including 1.5 lt. water free of charge and refreshed daily

PAID SERVICES

ACTIVITIES	HOURS	DESCRIPTION	ACTIVITIES	HOURS	DESCRIPTION
Telephone	24 Hours		Billiards	10:00-22:30	
Room Service	24 Hours	Extra	Market	10:00-23:00	
Laundry	09:00-16:00	Extra	Hairdresser	09:00-21:00	
Dry Cleaning	09:00-16:00	* Delivery 1 day later	Photographer	09:00-23:00	
			Rent a Car	09:00-21:00	
Extra Food & Beverag	24 Hours	Several Import Drinks, Energy Drinks, Fresh Squeezed Fruit Juices, Bottles and Drinks in cans	Doctor / Nurse	09:00-17:00	On Call
			Baby Sitter		On Request
Water Sports	10:00-18:00		Baby Phone / Stroller		Limited number
Tennis Equipments	07:00-00:00	Can be obtained from the reception	Massage - Peeling	09:00-20:00	
Pavilion Service	09:00-19:00	Reservation can be made from Guest Relations			



2023 SUMMER "KIDS WORLD" & ACTIVITIES

INDOOR AREA 1	INDOOR AREA 2	INDOOR AREA 3	OUTDOOR ACTIVITIES	FREE SERVICES	PAID SERVICES
(for children 0-16 age)	(for children 0-4 age)	(for children 5-16 age)	A Playground for children 5-16 Age	Baby Changing Units	Baby Sitter
100 m2	100 m2	100 m2	2 Game Houses for Children 0-4 Age	Baby Food Prep. Equipments	Baby Phone (limited)
Reception	Baby Play Room (0-4 age)	Activity Room	Pizza - Cookies Baking	Baby Tub	Baby Stroller (limited)
Mini Buffet	Breastfeeding Room	Cinema Room	Art painting	Potty, Toilet Seat	
Kids' Restaurant	Baby Sleeping Room (0-2 age)	Lego Play Room	Special kids shows	Steps	
	Kitchen - for mothers	Playstation	Colorful kids events	Bottle Warmers	
			Children Pool (shaded)	Sterilizer	
			Baby Pool (0-4 age / shaded)	Kids TV Channel (in rooms)	
			Water Slide Pool (with 3 slide) *	Kids drink corner	
			Kids group swimming lessons		

TOTAL AREA: 1.830 m2

* KIDS WORLD operating hours 10:00-22:00

* Water slides are available for +7 age guests.

* At Min. 1 week stays we wash up to 5 Kg. children clothes free of charge for once, for other demands children clothes washing will be charged according to the price list

2023 SUMMER POOLS & BEACH

SWIMMING POOLS				BEACH	
POOL TYPE	m2	DEPTH	HEATING	FREE SERVICES	PAID SERVICES
Activity Pool	684 m2	150 cm	-	Beach Towel, Kids Towel *	Pavillion Concept *
Pool	210 m2	135-150 cm	Yes	Sunlounger *	
Children's Pool	25 m2	50 cm	Yes	Kids shaded playground	
Baby Pool (0-3 age)	29 m2	35 cm	Yes	Sunshade (common shady area) *	
Kid's Activity Pool	60 m2	60 cm	-	180 m. Long private sand beach and pier (pebble sea entrance)	
Water Slide Pool (+7 age/ 3 slides)	100 m2	120 cm		* Beach Towel, Sunlounger, Sunshade also available at Swimming Pools	
				* Refreshment service between 09:00-19:00 in the pavilion concept	

2023 SUMMER ANIMATION & SPORTS

ACTIVITIES	HOURS	FREE ACTIVITIES	TEENAGEER ACTIVITIES	PAID ACTIVITIES
Daily Activities	10:00-12:30 / 14:30-18:00	Big Family Games	2 Tennis Courts (Quartz grou	Boccia
Sport Activities	10:00-18:00	Step - Aerobic	Table Tennis	Dart
Tennis Equipments&illumina	per hour /extra charged	Dance courses	Beach Volley - Basketball	Billiards (10:00 - 22:30)
Water Slides	10.00-12.00/14.00-16.00	Water Gym	Dart - Backgammon	Special teenager program
Water Sports	10:00-18:00	Air Gun Shooting	Canoe - Pedalo	Teenage area
Evening Shows	21:30-22:30	Archery	Water Polo	Archery
Lets youth	10.00-22.00	Water games	Kangoo jump	Table games
Live Music	3 time a week (22:30 - 00:00)	Zumba	Mini football	Disco
Cinema	Everyday			Xbox, Playstation
Disco	23:00 - 02:00			

* Sailing is free of charge with sailing certificate

2023 SUMMER SPA & WELLNESS - reservation is required

Free Services	Hours	Paid Services	Hours
Fitness Center with fitness instructor	07:00-20:00	Massage - Peeling	09:00-20:00
Turkish Bath - Sauna - Steam Room	09:00-20:00		

2023 SUMMER MEETING HALLS

HALL	AREA	LENGTH	WIDTH	HEIGHT	THEATRE STYLE	CLASSROOM STYLE	GALA STYLE	U STYLE	COCKTAIL STYLE
CANYON 1	105 m2	11 m.	9,5 m.	2,55 m.	50 pax	45 pax	50 pax	20 pax	50 pax
Cinema	78 m2	11 m.	7,1 m.	2,55 m.	50 pax				

Technical Equipments:

Mobile Screen, Mobile Sound System, Wired Microphone, Collar Microphone, Table Microphone, Speakers Pulpit, Flipchart, DVD / CD player, MD player, TV, Projector

IMPORTANT INFORMATION

The services, service times and way of services may be adjusted, closed, changed by the Hotel Management due to seasonal demands, risk of infection and legal notifications.

Free Internet Access is available at General Areas & Rooms

Pets are not allowed to hotel

Guests under 18 years old will not be served with alcoholic beverage

Dress Code : Please do not enter the restaurants wearing shorts and beachwear

Smoking is prohibited at indoor areas and some outdoor areas under the laws of the Turkish Republic

Seven Seas Hotel Life reserves the right to make changes without notice at any time in its absolute discretion